



Our Values

'A KINDRED SOUL'

When you join the Self Healers Community, you accept & agree to abide by our values, in all interactions within our community.

A CCEPTANCE of yourself & others, as to where you/they are at

K INDNESS in all interactions within the community

I NSPIRE others by sharing your own journey

N O criticising, judging or nastiness will be tolerated

D ISCRETION to protect yourself and others within the community

R ESPECT that each person is on their own healing path

E NCOURAGE positive interaction at all times

D UTY OF CARE to speak up if you feel someone is struggling & requires extra support

S HARING your time, compassion & experience helps others

O PEN YOUR HEART and be prepared to learn & heal

U NITE and connect with others to strengthen our community

L OVE yourself & others by prioritising rituals and daily habits

If our values are breached, your access may be blocked.